

产品详述

INDIVIDUAL PRODUCT DETAILS

BR7038 双向深蹲训练器 V-SQUAT



1. 产品卡 Identity Card

型号 (Model)	BR7038
中文名 (Chinese Name)	双向深蹲训练器
英文名 (English Name)	V-SQUAT
主要肌肉 (Primary Muscle)	股四头肌 (Quadriceps), 臀大肌 (Gluteus Maximus)
次要肌肉 (Secondary Muscles)	腘绳肌 (Hamstrings)

一句话点评 (One-line Pitch)

“依托人体工学肩靠、多把位结构、气动安全钩及可多档调节的防滑脚踏，可实现多角度下肢训练。”

"Featuring ergonomic shoulder supports, multi-grip structure, pneumatic safety hooks and multi-position adjustable anti-slip footplates, it enables multi-angle lower-body training."

2. 产品综述

BR7038是一款专为下肢力量训练打造的高端挂片式力量设备，外观硬朗，结构稳固，适用于大型商业健身房及高端私教工作室。支持前后双向深蹲模式，可分别强化股四头肌与臀大肌，在一台设备上实现多角度下肢训练。

前侧肩靠依据肩部与胸廓曲线设计，支撑稳固、贴合舒适，确保前蹲训练中阻力传导顺畅；后侧肩靠顺应斜方肌与肩胛骨活动轨迹，避免肩部压迫与压痕问题。肩垫采用高弹材质，分散受力、减轻负重疼痛，提升整体训练舒适性。

双把位结构支持正向与反向使用，在不同动作模式下均能保持稳定的身体姿态。宽大背垫提供脊柱与骨盆支撑，帮助训练者在发力时保持正确姿态，避免腰椎代偿。设有气动安全钩系统，触手可及，操作轻便，确保即使在力竭状态下也能安全回钩，保护训练安全。

脚踏采用多层防滑设计，支撑稳固，可提供多种站距与站姿。单手即可快速完成五档脚踏角度调节，满足不同踝关节活动度需求，有效降低膝关节剪切力，防止运动损伤，实现安全、舒适且高效的深蹲训练体验。

2. Product Overview

The BR7038 is a high-end plate-loaded strength machine engineered for lower-body strength training. Boasting a rugged appearance and robust construction, it is ideal for large-scale commercial gyms and premium personal training studios. It supports forward-and-rear dual squat modes to target the quadriceps and gluteus maximus respectively, delivering multi-angle lower-body training on a single unit.

The front shoulder supports are contoured to the curves of the shoulder and thorax for firm support and snug comfort, ensuring smooth resistance transfer during front squat workouts. The rear shoulder supports follow the movement paths of the trapezius and scapulae to prevent shoulder compression and pressure marks. High-resilience shoulder pads distribute load pressure and reduce weight-bearing discomfort for enhanced overall training comfort.

Its dual-grip design allows both forward and reverse usage to maintain stable body posture across varied movement patterns. The wide back pad offers spinal and pelvic support, assisting users in maintaining proper form during exertion and avoiding lumbar compensation. Equipped with an easily-reachable pneumatic safety hook system for effortless operation, it enables safe re-hooking even under muscular fatigue to safeguard user safety.

The multi-layer anti-slip footplates deliver solid support and accommodate multiple stances and foot widths. Five-position footplate angle adjustment can be completed quickly with one hand, catering to varying ankle mobility, effectively reducing knee shear force and preventing sports injuries for a safe, comfortable and efficient squat-training experience.

3. 产品特点 | Key Features



人体工学肩靠设计

高弹肩垫贴合肩部曲线，支撑稳定，显著减轻负重不适感。

Ergonomic Shoulder-Support Design

High-resilience shoulder pads contour to shoulder curves, deliver stable support and significantly reduce weight-bearing discomfort.



双把位结构

正反双向使用设计，分担肩部压力，适配不同动作姿态。

Dual-Grip Structure

Dual-direction forward-reverse usage design distributes shoulder pressure and accommodates various movement postures.



气动安全钩系统

单手轻松操作，触手可及，即使力竭训练也能快速安全回钩。

Pneumatic Safety Hook System

Easy one-hand operation with within-reach controls, enabling quick and safe re-hooking even during fatigued training.



防滑脚踏与快速调节系统

龟纹漆配合橡胶夹层防滑设计，脚踏角度单手可调，稳定安全，适配不同站姿与踝屈能力。

Anti-Slip Footplates & Quick-Adjust System

Tortoiseshell-pattern paint combined with rubber-interlayer anti-slip design; footplate angle is one-hand adjustable for stability and safety, accommodating varied stances and ankle flexion capabilities.

4.主要参数

功能分类 Functional	单功能 Single Function
产品尺寸（长x宽x高） Dimensions (L × W × H)	2013mm×1658mm×1889mm 79"×65"×74"
产品净重 Net Weight	201Kg/443lbs（预估）
产品空载起始重量 Starting weight without load	77Kg /169lbs（预估）
产品最大承重 Max Load Capacity	One side 150Kg/331lbs
训练把手材质 Training handle material	304不锈钢、滚花 stainless steel、knurling
主框架管材 Main Frame Tubing	PT 50×100×2.5mm
动臂管材 Arm Tubing	RJ 50×70×3.0mm